

# CARDSTON COUNTY

## VISITOR'S GUIDE

Cardston | Glenwood | Hill Spring | Magrath | Mountain View



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**Cardston Alberta Temple | On the cover - Police Outpost Provincial Park**

## PRODUCTION

**Publishing** Cardston Tourism [info@cardstontourism.com](mailto:info@cardstontourism.com)

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Grant Spotted Bull                      Bryce Singer / Many Fingers  
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Tourism Lethbridge

## CONTRIBUTING WRITERS



**ITSINOHTSSPIYAKI (REBECCA MANY GREY HORSES)** is from the Fish Eaters and Many Children’s Clan of the Kainai. Her traditional Blackfoot teachings and upbringing have given her the skills to educate on Blackfoot perspectives and world views. Having a MA in Jurisprudence in Indian Law provides the academic background to consult, educate, and work in many areas. Rebecca loves to teach about Indigenous/Blackfoot stories, traditions, and perspectives. Itsinohtsspiyaki is advocating for preserving Blackfoot Sacred sites within Blackfoot Traditional Territory and has been actively mapping and documenting for the Indigenous Vision Organization as an advisory board member.



**MADELEINE VANDEN BERG** was born and raised in Southern Alberta and got her start in the tourism industry working for Travel Alberta in Milk River and West Glacier. Leaving the Prairies behind, she recently moved to Banff to pursue a career with Parks Canada. Madeleine earned her Bachelor of Arts degree in kinesiology and anthropology from the University of Lethbridge.



**TATE MONTGOMERY** is a perpetual novice always in search of new ways to refine his craft as a writer, creator, and idea maker. Raised in Southern Alberta with a love for words and our provinces expansive outdoors, his loves have combined within Tourism Lethbridge. Even after completing a Diploma of Journalism at SAIT in Calgary, Tate just couldn’t be kept away from the magic of Southern Alberta. (p. 41, 43, & 45)

## TABLE OF CONTENTS

- 4** Ask the Locals
- 6-10** History in Motion - Museums
- 12-16** A Blackfoot Narrative
- 18-20** Fine Art
- 22** Unique Finds
- 24-25** Map - Cardston County
- 27** Map - Cardston
- 28** Map - Glenwood
- 29** Map - Magrath
- 30-34** Activities, Attractions, & Points of Interest
- 37** Winter in Cardston County
- 38-39** UNESCO World Heritage Sites
- 41** Day Trip - Waterton
- 43** Day Trip - Fort Macleod
- 45** Day Trip - Lethbridge
- 46** Travel Information & Events

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### VISITOR INFO CENTRE

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# ASK THE LOCALS



## SCOTT

**Father, Business Owner, Twin Rivers Country Ec. Dev. Society**

**Hidden Gem** Spring Glen Park and the drive from Glenwood to Police Lake (through Hill Spring, Mountain View, and Beazer).

**Event You Shouldn't Miss** Glenwood Pioneer Celebration and parade

**Must Do or See** Go to the top of Mud Hill and enjoy the view, or go at night and star gaze.



## CINDA

**Business Owner**

**Hidden Gem** Cardston's Lee Creek Valley Golf Course and Lee Creek Campground

**Event You Shouldn't Miss** Carriage House Theatre productions should not be missed.

**Must Do or See** Go tubing down St. Mary River, take a carriage ride at the Remington Carriage Museum.



## BROOKE

**High School Student**

**Hidden Gem** What's Pop'n Pop Shop, you have to try it!

**Event You Shouldn't Miss** Cardston Heritage Days held in August— rodeos, parades and exciting activities for everyone to participate in!

**Must Do or See** Definitely checkout the Remington Carriage Museum, lots of fun history and exciting historic artifacts!



## MICHAEL

**I am a Math and Spanish teacher. I have 5 kids and an amazing wife.**

**Hidden Gem** The Magrath Pothole Creek Disc Golf Course.

**Event You Shouldn't Miss** Two annual PDGA disc golf tournaments at Pothole Creek—the Pot O' Gold (late Mar. or early Apr.) and the Woolf Pack Classic (3rd weekend in July).

**Must Do or See** Come out and hit some chains with discs as you enjoy the views of the windmills, mountains, and creek.



## TRUDY

**Retired Laboratory Technologist, Resident of Cardston County for 38 years**

**Hidden Gem** St. Stephen's of Hungary Catholic Church at Harrisville on the Police Lake Road

**Event You Shouldn't Miss** Cardston Festival of Lights and Parade held on the third weekend of November each year.

**Must Do or See** A visit to the Remington Carriage Museum is a great adventure back in time.



## DARRYL

**Newly Retired School Teacher**

**Hidden Gem** Magrath Golf Course

**Event You Shouldn't Miss** Magrath Days (4th Saturday in July) brings people home to Magrath for a weekend of hometown events ranging from talent shows and the parade to softball and fireworks.

**Must Do or See** The trail system in the town of Magrath provides historical background and diverse scenery as one wanders along the coulee and through rural southern Alberta.

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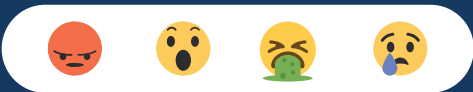
# HISTORY IN MOTION

BY MADELEINE VANDEN BERG

## REVERSE THE WHEELS OF TIME AND DISCOVER THE UNIQUE HISTORY OF SOUTHWEST ALBERTA

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### Remington Carriage Museum

Where can you find the largest museum collection of horse-drawn modes of transportation in the world? The Remington Carriage Museum, of course! The museum started with the donation of 48 carriages from the collection of Don Remington and now contains over 330 artifacts that span the history of western carriage production. Don Remington was a carriage enthusiast himself driving and restoring most of the carriages in his collection. One of his most iconic restorations was his Yellowstone Wagon, a precursor to the tour bus that would take visitors on site seeing tours of its namesake Yellowstone National Park.

While the museum highlights the evolution of western horse-drawn transportation, the Canadian McLaughlin company has a heavy presence in the museum's exhibitions. The McLaughlin Motor Car Company was founded in 1867 in Oshawa, Ontario, and originally started with carriages. The company revolutionized the carriage industry by introducing a mechanism that resulted in smoother turning and, at the height of its production, wheeled out 25,000 carriages per year.

The museum itself is not a one-trick pony. It contains displays of the evolution of the western horse-drawn carriage into the motor carriage, interactive displays including a chance to virtually drive a carriage, a functional restoration workshop with a viewing gallery, stables, and carriage and sleigh rides through the town of Cardston.

## The Card Pioneer Home

Could you live in a 14 by 14-foot log cabin with your family of six? That was how Cardston's namesake Charles Ora Card and his family began their lives in the Northwest Territory in 1887 after they crossed the border into Canada after their long trek from Utah. Card was a pioneer of the Church of Jesus Christ and the Latter-Day Saints. His log cabin, with an addition added in the 1930s, is the only remaining original pioneer cabin from the original cabins built in 1887.

Today when you visit the Card Home, you can take a glimpse into what life would have looked like for the early pioneers of the area. The kitchen is outfitted with essentials like a range, oven, wash bin, implements, and soap-making recipes. The living area and bedroom contain a fire-burning stove that would have heated the home, children's toys, handmade textiles from quilts to woven textiles, and Card's original rocking chair brought by cart on the trek from Utah.

*The Diaries of Charles Ora Card: The Canadian Years 1886-1903* provides Card's first-hand accounts of what life was like for him and his family as they began their lives in Canada and as the town of Cardston grew.



Remington Carriage Museum in Cardston



Mural outside the Card Pioneer Home

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## The Glenwood Cheese Factory Museum & Pioneer Ice Cream Parlour

For over 30 years, Ned Davidson made award-winning cheese in the town of Glenwood, and the Glenwood Cheese Factory Museum displays his original cheese-making tools and trophies. The largest piece in the collection is a steam-powered boiler. This steam-powered engine started life as an English plow system used initially in sugar beet fields in the Raymond area before being purchased for \$500 in 1941 for usage in the cheese factory. Other artifacts in the collection include Ned's original desk from the factory, his wooden cheese-making shoes, cans that he would receive milk in, scales, rakes, cheese cutters, and more. Even though cheese is no longer produced in Glenwood, you can still get a cold scoop of ice cream on a hot day from the museum's ice cream shop.



Pioneer Ice Cream Parlour in Glenwood

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Daddy Long Legs

■ Wizard of Oz 
 ■ Addams Family 
 ■ Daddy Long Legs

SUN	MON	TUES	WED	THURS	FRI	SAT
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**JULY**

SUN	MON	TUES	WED	THURS	FRI	SAT
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13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

**AUGUST**

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## The Magrath Museum and Agricultural Heritage Centre

Established in 1898 by the Church of Jesus Christ and the Latter-Day Saints, Magrath was one of the communities created through the Canadian government's push to promote colonization in the West. Elliot T. Galt and the town's namesake Charles A. Magrath with funds from the Irrigation Company spearheaded the construction of an irrigation canal that ran water from the St. Mary's River near Kimball to its finishing points in Stirling and Lethbridge. The canal was built in just over a year through hard work, horse-drawn, and hand plows.

The Magrath Museum highlights the town's history from its inception but focuses on the people who have made it their home. A dedicated group of volunteers operates the museum. The museum includes the main building, the Agricultural Heritage Centre, and a growing outdoor exhibit, including the town's original jail cell and plows used to create the irrigation canal. The collection is filled with community donated artifacts and includes brands of area ranchers, an interactive map of the town, a memorial of service members from Magrath, and rotating exhibits that show off the variety of the full archives.

**From carriages to canals, cabins to cheese, get out and explore the history of the county!**



**Magrath Museum and Agricultural Heritage Centre**

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# A BLACKFOOT NARRATIVE OF CARDSTON COUNTY

WORDS BY  
REBECCA MANY  
GREY HORSES





## Blackfoot Territory

Cardston County is located on traditional Blackfoot Territory. Blackfoot oral traditions and the knowledge from ancestors have instilled the understanding that the Blackfoot traditional territory is vast with significant markers. The northern marker is the North Saskatchewan River, south along the Yellowstone River, as far east to what is known today as Glasgow, Montana, near the mouth of the Milk River, north into Saskatchewan, near North Battleford. Old Swan drew a map in 1801 for a trader by the name of Peter Fidler, which showed the Blackfoot Traditional Territory. Others used this map to explore the area. The land is very familiar to the Blackfoot people, as they moved with the seasons in the area. All along the eastern slopes of the Rocky Mountains, into the prairies, are known Blackfoot sacred sites and historical places and geographical markers. Today, some sites are still evident, and Blackfoot people go there for ceremonies. However, many sites have been disseminated and destroyed for development. The following are the most significant sacred places to the Blackfoot; they are used for vision-seeking sites, fasting, ceremonies, and gathering medicinal plants. Some have springs considered sacred water with spiritual energy. Ninastako (Chief Mountain) is recognized to be one of the most sacred mountains, Omahkai'stoo (Crowsnest Peak), Paahtómahksik (Waterton Lakes National Park), Kátoyissiksi (Sweetgrass Hills), Áísínai'pi (Writing on the Stone), Estipah-skikikini-kots (Head Smashed in Buffalo Jump) are sacred sites that hold many stories and landmarks of ancient ceremonies. Many of these sites are still revered and honoured, ceremonies still take place there, and plant medicines are still harvested in the areas by the Blackfoot and other First Nations.

## Healing Monument, Cardston

### Treaty 7

Treaty 7 was negotiated in September 1877 between the Crown (government) and Siksika, Kainai, Pikanii, Tsuut'ina and Stoney bands. Cardston County is located near the Kainai Reserve within the Blackfoot Traditional Territory.

The provisions in Treaty 7 included land set aside for reserves, the right for Her Majesty to navigate specified rivers, \$5.00 treaty payments, ammunition, suitable clothing for leaders, supplies, payment for teachers, cattle for the band, and to be good loyal subjects.

Between 1871 to 1876, the government signed treaties with tribes systematically within those in the railroad's proposed route. Since the Royal Proclamation recognized the Indians as the rightful occupiers of the land, they needed to enter into treaties to have them surrender the lands. Treaty making indicated the autonomy of the First Nations; they were recognized as the first occupants of their territories. The treaties set the relationship between the Crown and the Aboriginal people.

First Nations saw treaties in a different light; treaties were solemn pacts, the most sacred covenants that man could make as Creator being a witness. It also meant establishing the future basis of relations between their people and the newcomers. First Nations representatives signed the treaties to ensure that they would receive some government assistance in the future

to ensure the survival of their people. They believed that they would be cherished and protected by the Crown, with whom they had a special relationship. In return, First Nations believed they were merely giving the new settlers the right to use some of their lands for farming. First Nations people are certain they had no thought of giving up all title to their land, nor could they even comprehend the concept of extinguishing all title and all rights to their land forever.

Without treaties, Canada would have no legitimacy as a country. Some Canadians consider treaty rights to be "special privileges," which sets Indigenous people apart from mainstream society. In fact, the majority of people living in Canada today have treaty rights and responsibilities. Thanks to treaties, Canadians have the ability to share the land, move freely about, conduct economic interests, govern themselves in the manner they choose and maintain their cultural and spiritual beliefs without fear of oppression. Reserve lands remain for the exclusive use of First Nations, but in treaty territory, the rest is shared in one way or another. There remains only a small amount of their traditional territory on which they can reside. In places where treaties are in effect, a treaty makes every building, business, road, government, or other activity possible.



Tourism Lethbridge

**Northern Traditional Dancer**



**Grass Dancer**



Tourism Lethbridge

**Fancy Dancer**

### Cardston Pow Wow

In the past few years, Cardston has been the site of a mutually supported pow wow event held by the Cardston community and the Kainai reserve. This event is a result of a partnership to build respectable relationships between the town and reserve residents. The pow wow has become a popular summer event attended by many who come to witness the dancing, drumming, and socializing. This pow wow is usually held in August of each summer.

### Pow Wow Dances

The different dance styles and categories vary between men and women. The men dance the Traditional Style, Grass Dance, Fancy Dance, and Chicken Dance. The women dance the Traditional, Jingle, and Fancy Styles of dancing. The dances originate from legends, sacred societies, and dreams; they have significant meanings and movements.

The **Northern Traditional** dancer regalia is a modern mix of tribal outfits from the tribes of the Northern Plains, such as Sioux, Blackfoot, Crow, and others. The Traditional dancer wears a roach made of porcupine hair and deer tail hair on his head—usually a beaded vest, roach, and beaded sides, with extensive beadwork outfitting the whole regalia. The movement in this style is one that is sometimes characterized as similar to a prairie chicken. The dancer is also said to be re-enacting the movement of a warrior searching for the enemy.

The **Men's Grass Dance** was originally done as a Warrior Society Dance; it has evolved over the years. It has further evolved into a highly competitive form of northern dancing. Some believe that grass dancing came from young boys tying grass on their outfits. Before a dance could be held on the prairie, the grass had to be stomped down. Many of the movements are believed to come from this. A Grass dancer's regalia stands out by these two features: his dancing style and his outfit. This style of dance has been described often as swinging, slick, old-time style. The outfit stands out by not quite as many feathers; aside from the roach feather, there are no bustles of any kind to be seen. The outfit consists of a shirt and pants, with a beaded decorated belt and side tabs, arm-bands, cuffs, and front and back apron, with matched headband and moccasins. Ribbons and fringe are set to flow with the movements and the roach on his head.

**Men's Fancy Dance** has two types of styles; a basic simple step while dancing around the drum and a "contest" step with fast and hard footwork combined with a spinning up and down movement of the body. The "Fancy Dance" started as Fancy War Dance by the Hethuska Society in Oklahoma. The most noticeable regalia items on the Fancy Dance outfit are great amounts of loom-beaded sets of suspenders, belt cuffs, headbands, and armbands. The other important feature of Fancy Dancers is the use of large feather bustles. Most bustles are

colour-coordinated with the beadwork by using large amounts of feathers dyed matching colours.

The **Men's Chicken Dance** originated from the Blackfoot people. The old-style chicken dance is one of the oldest forms of dancing for the Blackfoot. The dancing outfit is unlike that of the modern Traditional, Grass and Fancy Feather dances. The Prairie Chicken Dance is initiated from the prairie chicken's mating dance in the springtime. Old Style Chicken dancers danced in one area displaying intricate body movements and dance steps. Their regalia included a head roach, breech cloth, round bells, and a small feather bustle. The Blackfoot are very proud of this dance. It started out as a religious society known as the Kiitokii Society. The Kiitokii Society is still practiced to this day in the Siksika First Nation in Southern Alberta.



**Chicken Dancers**

# POW WOW PROTOCOLS

Pow wows are open to the public and are a great opportunity for non-Indigenous people to participate in the richness of an Indigenous traditional gathering. If this is your first time attending one, there are some protocols that must be respected, but keep in mind protocols vary from region to region. If you have questions, find one of the organizers and ask if you are unsure about something.

The outfits of the dancers are called regalia, not costumes. Many hours are spent on creating beaded outfits. The designs are usually used by families and depictions and symbols of animals or nature. It would be advisable to ask permission first before photographing the dancers if you want to take a picture of one particular dancer.

There may be giveaways, which are cultural practices of First Nations culture, and they are held at many dances. They are recognitions of appreciation to recipients for honour given. When receiving a gift, the recipient thanks everyone involved in the giving.

The drum is the center of a pow wow; the rule is not to attempt to play or touch a drum without permission. The drummers refer to the group of performers who play the instrument, such as the “host drum.”

If you intend to record the pow wow, seek permission before recording.

During grand entry, always stand; this procession opens the pow wow. The Eagle Staff is the lead, followed by flags, usually carried by Indigenous war veterans, then the dancers. Other events during the pow wow may also require the audience to stand, but the Masters of Ceremony will make the announcement.

Pow wows are a fun and inclusive celebration. It is also an opportunity to learn about First Nations culture and participate, if you wish, in inter-tribal dancing.



**Beadwork on Traditional Style Dancer's Regalia**

One of the oldest forms of women's dance is the **Traditional Style**; it is a dance of sophistication and grace. The women's traditional dance movement is smooth and flowing. The ladies wear beautiful, fully beaded buckskin dresses decorated with intricate designs. The dresses are fully beaded on the shoulders or cape, and the women carry fringed shawls over one arm. The women's shawl and fringes sway with her movements. The dance is slower than the other women's dances.

The **Jingle Dress Dance** started with the Mille Lacs Band of the Ojibwe Tribe in the early 1900s and became more widespread in the 1920s in the U.S. and Canada. Today it is a popular dance amongst women. The story of the Jingle Dance is that the dress was first seen in a dream as a healing dance for women. The dance gets its name from the rows of *ziibaaska'iganan* (metal cones) sewed to the dress. In the early days of this dancing, the cones were traditionally made from rolled snuff can lids and hung from the dress with ribbons close to one another. These cones create a melodic sound as the girls and women dance. Traditionally, the dress is adorned with 365 visible jingles or cones. Today, these cones are often machine-made. The jingle dress dancers are light on their feet, to move in time with the drum and stop when the beat stops. They keep their foot movements low to the ground while dancing, kicking their heels and bouncing on their toes to the music.



**Jingle Dress Dancer**

**Ladies Fancy Shawl** is the latest form of pow wow women's dance. The Fancy Shawl Dance comes from the Northern Tribes along the U.S. and Canadian Border. This is very similar in dancing style and just as colourful as the Men's Fancy Dance. The ladies wear bright multicoloured shawls over their shoulders and dance by jumping and spinning around, keeping time with the drumbeat. It is said they mimic butterflies in flight. The dance style is quite graceful and light. The regalia's significance is the vibrant coloured shawls, with elaborate designs, applique, ribbon work, and painting. Long fringe hangs from the edges of the shawl and flies around during the dancing. In addition to the shawls, the other key piece of the outfit is the fully beaded cape.



**Fancy Shawl Dancer**

Tourism Lethbridge

## Ninastako

“The Mountain that stands apart” is a recognized Blackfoot sacred site, otherwise known as Chief Mountain. To the Blackfoot people, Ninastako is a sacred mountain, identified as a place of ceremony, medicine gathering, and vision quest site.

The Blackfoot legend of Ninastako describes the battle between Ksiistsi-koom (Thunder) and Omahkai-stow (Raven). Ksiistsi-koom stole a man’s wife, and he sought the help of Omahkai-stow. They battled it out with their powers; Ksiistsi-koom used thunder and lightning, while Omahkai-stow

used his wings to bring cold wind and snow.

In the end, Omahkai-stow won the battle, Ksiistsi-koom returned the wife to the man, and a treaty was made between Omahkai-stow and Ksiistsi-koom. Omahkai-stow insisted on dividing the year into two parts: winter and summer.

Ksiistsi-koom also gave the Thunder pipe to the man, which to this day is still revered and opens during the spring when thunder is heard. Ksiistsi-koom lives at Ninastako.

## Eagle Spirit Gifts

Eagle Spirit Gifts is located in Cardston, at the Carriage Lane Mall. This store is owned by Tanya and Myron Eagle Speaker, a First Nations couple from the Blood Reserve. Eagle Spirit has been in operations for several years. They specialized in Indigenous Clothing, blankets, gifts, and furniture. Many of the products they carry are items from Indigenous-owned brands. Tanya has won many entrepreneurial awards for her innovative ideas and enterprises. For tourists seeking unique gifts, this store is worth a visit.



**Ninastako - Chief Mountain**

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**Bald Eagle Feathers Featured Prominently on a Northern Traditional Dancer's Regalia at Fort Whoop-Up in Lethbridge**

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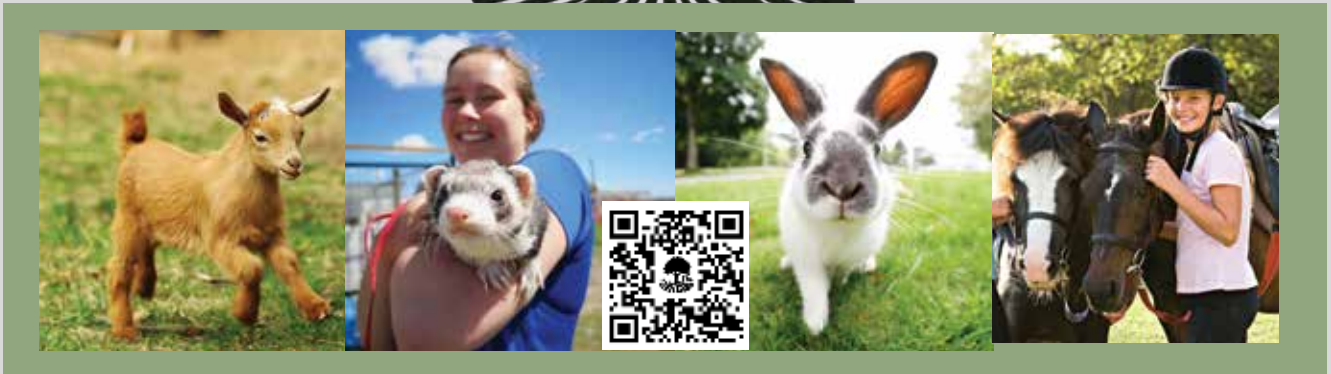


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# FINE ART

Interviews with 3 Artists  
from Southwest Alberta



**Grant Spotted Bull speaking about his work at the Courthouse Museum**



**GRANT  
SPOTTED BULL**

## **How did you get started on the path to becoming an artist?**

Throughout my life, I have always migrated toward the arts, but my formal art education began in 2011 at the University of Lethbridge.

## **Where are you drawing inspiration from these days?**

I'd say I am still drawing inspiration from my dreams, and most of the art I do now is based upon them.

## **Who are some artists whose work you admire?**

Alex Janvier is one who I admire with all that he has done and all his works, which have been displayed far and wide. His works are intricate and mesmerizing; his use of colour, shape, and mark-making combine to tell a beautiful story. When I was in school at the University of Lethbridge, he visited me and gave me counsel about my art and career. I always remember what he told me, essentially that he could not speak directly to the art hanging in my studio, but he said that I already have what it takes to make it as an artist.

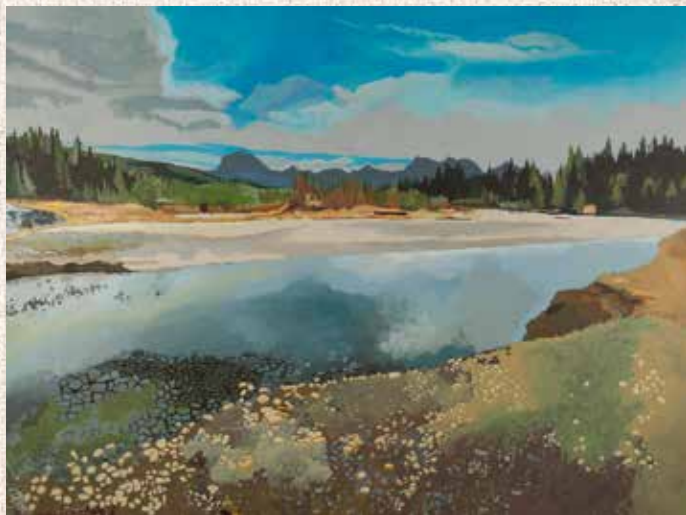
## **What conditions or surroundings help you to be creative?**

My space needs to be one where I can be as quiet or as loud as I want, and I prefer to be alone most of the time; having others around is distracting, and I find I become frustrated.

## **How has living in Southwest Alberta informed your practice as an artist?**

Southwest Alberta is the traditional Land of the Blackfoot Confederacy, the place where my ancestors are buried. It's where all our sacred sites reside, the Belly Buttes northeast of Stand-off where the Sundance takes place every year, to the north to the city of Okotoks, to the south Chief Mountain, Writing on Stone Park, Head Smashed in Buffalo Jump, Blackfoot Crossing to name a few.

**Visit [grantspottedbull.com](http://grantspottedbull.com) for more info.**



**Peace, a Work in Progress,  
by Grant Spotted Bull**



Galt Museum & Archives

### **How did you get started on the path to becoming an artist?**

When I was involved with the Nitsitapiisinni Stories and Spaces: Exploring Kainai Plants and Culture project as a child, I thought it set the foundation for my artistic path. I was only in grade four, and it was during this time I learned my talents for drawing could be used in a meaningful way other than just something I did for fun. This project not only gave me the

### **BRYCE MANY FINGERS / SINGER**

tools, time, and materials to be creative and explore, but it also taught me about all these incredible plants that were held especially important to the Blackfoot elders in the community on the Blood Tribe. From that time on, I was fortunate to have this experience, to carry much of what I learned with me, and to be able to use all of it later in my life. Finally, when I was given the opportunity to have some of my work displayed at the Southern Alberta Art Gallery, I really felt that I was ready to begin this path now as an adult artist.

### **Where are you drawing inspiration from these days?**

I draw the most inspiration from writers such as Beverly Hungry Wolf, Hugh A. Dempsey, Alicia Elliot, Richard Wagamese, Bell Hooks, and Robin Wall Kimmerer, to name a few. It's been writers like this who have shaped the way I see the world and whose experiences have helped me to develop who I am as an artist and human being in this world. Lately, it has also been the tribal stories told by elders in Kainai that have inspired much of my work. It is vital to channel what I know now into my work and share it, especially with other emerging artists and youth. While I have mostly been playing with digital artwork in the last year, I know that painting and working with mixed media and ink are some of the mediums and tools that I'd love to surround myself with more in the coming years.

### **Who are some artists whose work you admire?**

I love the Blackfoot arts community, and this includes Niitsitapi Artists such as Rudy Black Plume, Star Crop Eared Wolf, Lauren Crazy Bull, Seth Cardinal Dodging Horse, William Singer, Alanna Bluebird-Onespot, Evelyn Mikayla Martin, Faye Heavy Shields, and Hali Heavy Shields. There are so many. I love all these artists' work because not only are they incredible artistic role models for myself and others to look up to, but they are all brilliant writers and thinkers, and they all have their own styles and practices. It helps me look at these people and know where the boundaries are. When I was first starting, I didn't know any local artists, and I often felt alone until I heard and saw more about these artists and their work. Outside of this community, I am fortunate to actively run into so many talented writers and artists from different backgrounds and experiences.



**What Sustains Us, by Bryce Many Fingers / Singer**

### **What conditions or surroundings help you to be creative?**

I was raised mainly in the Blood tribe. So, the prairies to me will always be my home and where my heart is. It is here where I feel like I can breathe best. I love the mornings, making coffee as soon as I wake up and taking advantage of the natural light to work on any commissions or existing work that I have in front of me. Ideally, it would also be nice to live closer to the mountains or near trees, but I'm also a very adaptable person. Some of the best work I've done to date was completed on the kitchen table at home, so I'm usually very creative no matter where I'm placed, and I make the best out of my surroundings.

### **How has living in Southwest Alberta informed your practice as an artist?**

Living on the Blood Reserve has not only encouraged me to include the Blackfoot Language and history in my work, but it has also allowed me to appreciate the area from an optimistic lens. As much as I am familiar with Southwest Alberta, I know that there is much more to uncover and learn here. As much as I think it's important to visit other provinces and parts of the world, I am curious about what grows in our backyards. So, I am fortunate enough to find an abundance of history and talent as I develop as an artist.

**Prints by Bryce Many Fingers / Singer are for sale at the VIC Gallery in Cardston. Visit [instagram.com/brycemsinger](https://www.instagram.com/brycemsinger) for more information.**



**JAROM SCOTT**

### **How did you get started on the path to becoming an artist?**

As a child, I seemed to thrive when I had creative projects on the go. Some early artistic memories included drawing landscapes with my mom at the park and building/painting cub cars and soapbox derby cars with my older brother and dad. My parents enrolled my brother and me in an after-school art class in Medicine Hat. I vividly remember

when my parents brought an injured owl into the art studio one day. They had found the bird on the side of the road. I remember being in awe and feeling somewhat protective of the natural world. The bird's eye was filling up with blood, and it was one of those moments that made a deep impression on me as a child.

Most of my teachers likely hated this, but I drew feverishly in the margins of everything in class. I had this saint-like art teacher in high school named Karen Lundin. She was such a supportive teacher and mentor. By the end of high school, I started compiling a portfolio of works to apply to art school.

### **Where are you drawing inspiration from these days?**

Lately, my primary focus has been painting landscapes, so nature is a vital muse for me. I love to go on nature walks with or without my camera. Being outside not only fuels me creatively, but it is a healthy practice on so many other levels. I get inspired by going to new places.

Another source of inspiration is spending time with my art library. Seeing the work of other artists is a powerful motivator for me.

Visiting art galleries is another way for me to get inspired. I am particularly interested in exhibits that feature drawing and painting. There is something so captivating about the language of paint. The texture, colour relationships, and application techniques are intriguing to me. I appreciate anybody who has ever tolerated a visit to an art gallery with me. I tend to take my time.

### **Who are some artists whose work you admire?**

I gravitate toward painters that work in looser, painterly styles. Tom Thomson is an all-time favourite. If you've ever been to Ontario, you'd know that the light can quickly change out there. Tom would often sit in front of his scene (en plein-air) with a small pochade box. The extended dry time of oil paint and the ephemeral Ontario light meant that he'd need to be deliberate with his paint application to avoid getting too muddy with his colour. His economy of brushwork is remarkable to me. I also have him to thank for my love of canoeing. I've done portage trips to Algonquin, Killarney, and Temagami in Ontario to better understand what Tom and the Group of Seven saw so many years ago.



**Red Boulder, by Jarom Scott**

Some other artists that I look to are Monet, Van Gogh, and Vahe Yeremyan. Monet's colour and the whimsical feel he can evoke in a scene is admirable. I've been reading Van Gogh's letters to his brother Theo and learning more about his childhood. The study of his life has deeply enriched my appreciation of his work. Vahe Yeremyan is a contemporary artist working in California. At times, his paintings evoke works by William Turner and Cézanne. To date, I have bought two of his works. Unfortunately, I don't think I could afford a Monet or a Van Gogh.

### **What conditions or surroundings help you to be creative?**

I'll reiterate the importance of spending time in nature to help fuel the creative process. That piece is so critical. It always helps to spend time in a place before trying to translate it on a canvas visually. I've worked from other people's photographs in the past, but that process feels too disconnected for me.

To be creative, I need a dedicated space to make a mess. I don't produce much if I'm not deliberate about my artistic practice. Momentum is significant when it comes to being a painter. Having a space that doesn't require setup and take down each painting session is key. When my kids were younger, I got burned a few times; they'd get into my studio to "help daddy" on a painting.

Another recipe for creativity is music playing in the studio. When I paint, artists like Daniel Lanois, Låpsley, Ray LaMontagne, Melody Gardot, Radiohead, William Prince, Johnny Cash, Nick Drake, Bedouine, The Paper Kites, First Aid Kit, and Nathaniel Rateliff are all welcomed guests in my studio.

### **How has living in Southwest Alberta informed your practice as an artist?**

One of the most significant benefits of living in Southern Alberta is the great skies we get here. Access to the Rocky Mountains is another advantage of residing in Southwest Alberta. Waterton and many of the most beautiful parts of Montana are a short drive from Cardston.

**Original work by Jarom Scott is hanging in the VIC Gallery in Cardston from June - Sept. 2023. Visit [jaromscott.com](http://jaromscott.com) for more info.**



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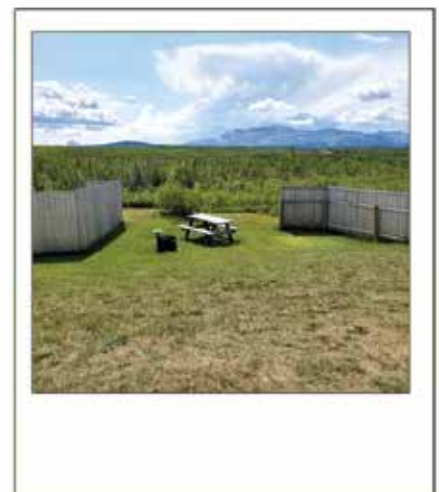


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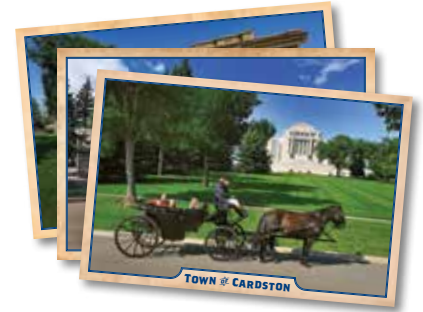
Stickers

📍 Cardston Visitor Info Centre



Cardston Boot Shirt

📍 Cardston Visitor Info Centre



Postcards

📍 Cardston Visitor Info Centre



Blackfoot Art Posters

📍 Cardston Visitor Info Centre





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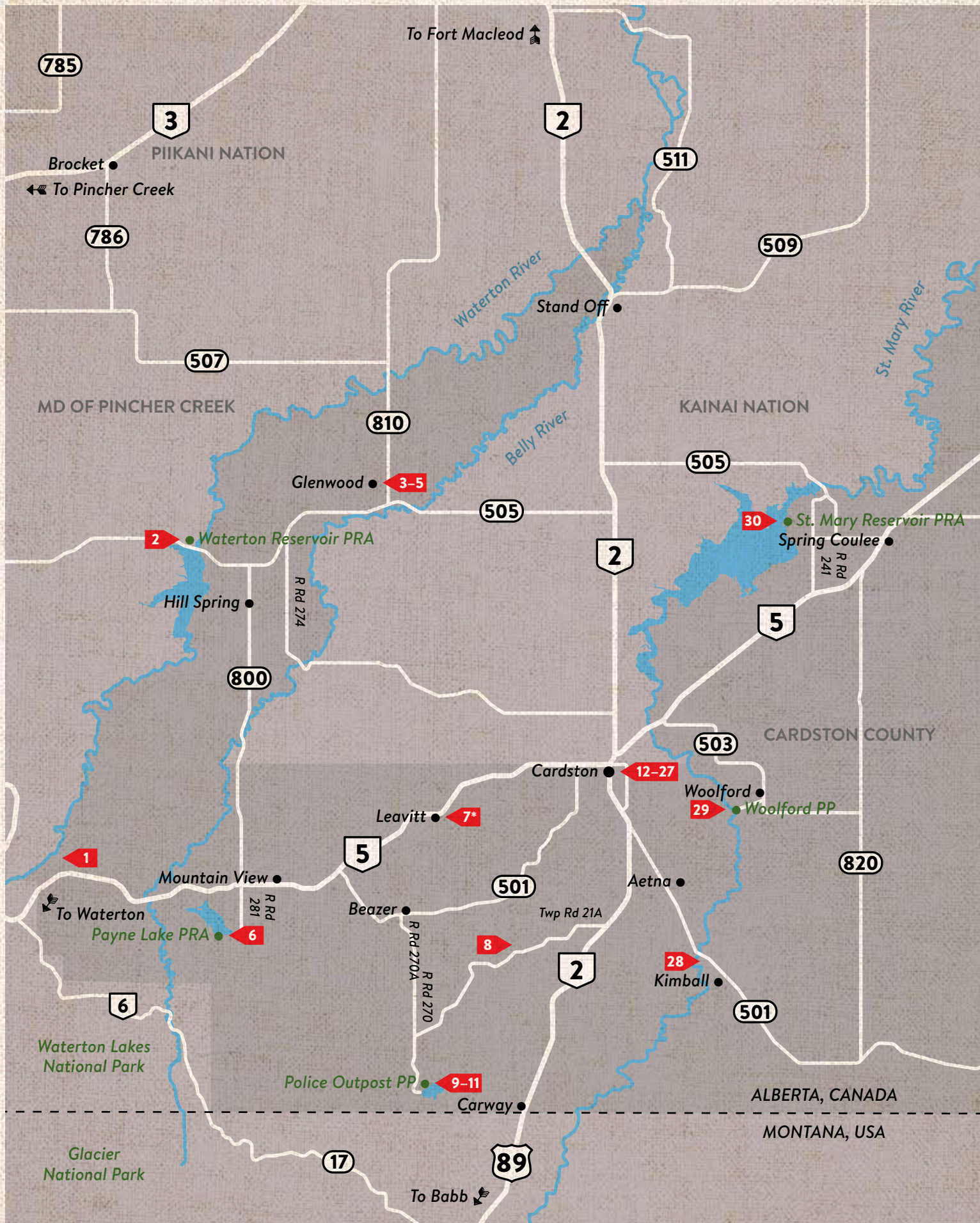
**EMAIL**

403-653-4971 [cardston@valuedrug.ca](mailto:cardston@valuedrug.ca)

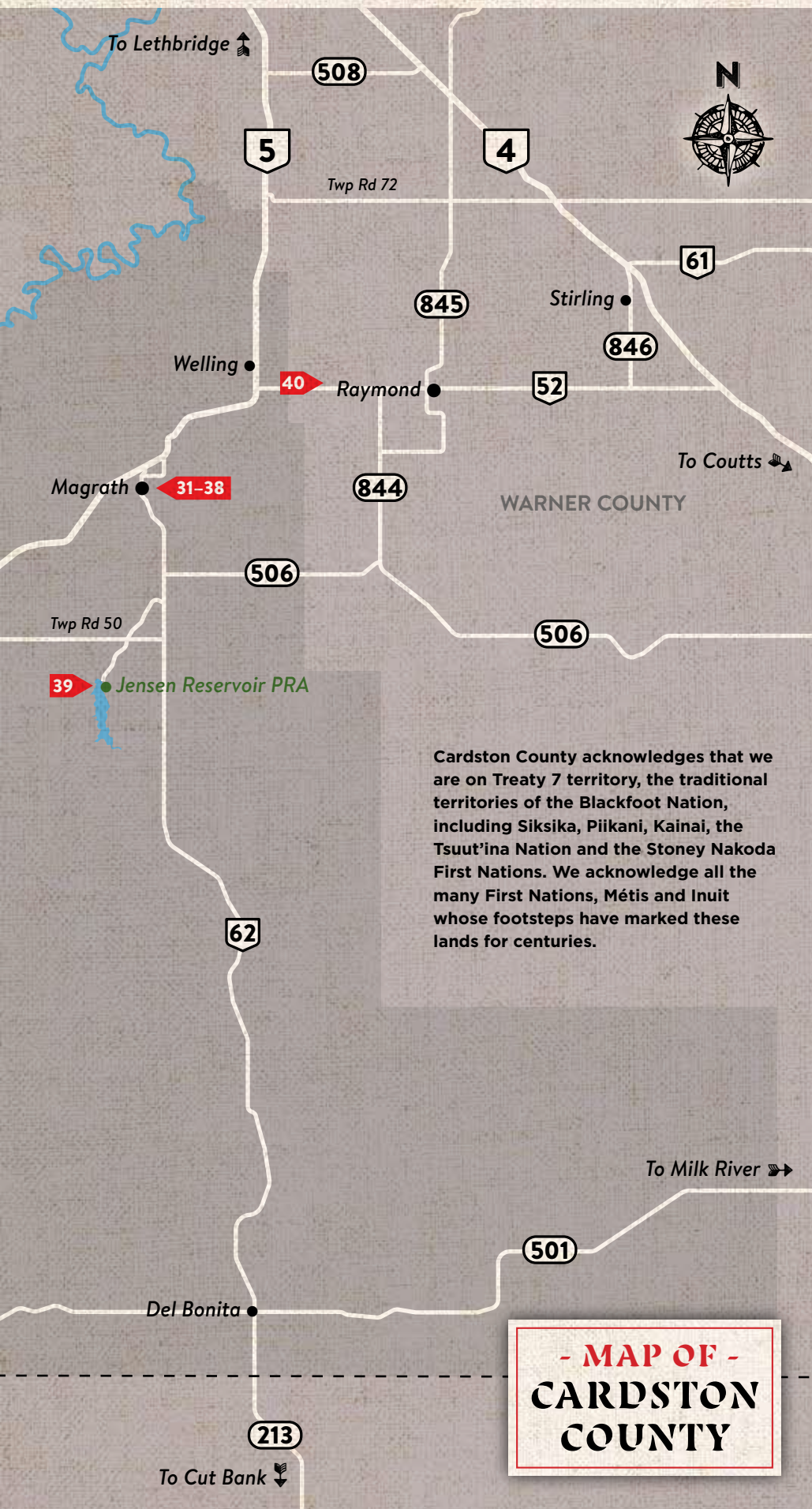
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**HOURS**

Monday – Friday	9 AM – 5:30 PM
Saturday	9 AM – 4 PM
Sunday	Closed







- 1 Waterton River Trail Rides
- 2 Waterton Reservoir Provincial Recreation Area
- 3 Glenwood Cheese Factory Museum & Pioneer Ice Cream Parlour
- 4 Glenwood Historical Mural Walk
- 5 Glenwood Spray Park
- 6 Payne Lake Provincial Recreation Area
- 7\* Primrose Lane Farm (contact for exact location, see p.32 for more information)
- 8 St. Stephen's of Hungary Catholic Church
- 9 Police Outpost Provincial Park
- 10 Lake Trail
- 11 Border & Meadow Trail
- 12 Cardston Alberta Temple Visitor's Centre
- 13 Courthouse & Heritage Museum
- 14 Card Pioneer Home
- 15 Carriage House Theatre
- 16 A Symbol of Unity Mural
- 17 Cardston Pool
- 18 Cardston Spray Park
- 19 Fay Wray Fountain
- 20 Healing Monument
- 21 VIC Gallery
- 22 Don Remington Monument
- 23 Remington Carriage Museum
- 24 Seabiscuit Monument
- 25 Remington Carriage Ride
- 26 Cardston Lee Creek Path
- 27 Lee Creek Valley Golf Course
- 28 Incept Adventure Co.
- 29 Woolford Provincial Park
- 30 St. Mary Reservoir Provincial Recreation Area
- 31 R&S Farms U-Pick
- 32 Magrath Multicourt
- 33 Magrath Museum & Agricultural Heritage Centre
- 34 Magrath Pool
- 35 Roosters Mural
- 36 Pothole Creek Disc Golf Course
- 37 Galt Irrigation Canal Loop
- 38 Magrath Golf Club
- 39 Jensen Reservoir Provincial Recreation Area
- 40 Gentle Giants Acres

**- MAP OF -  
CARDSTON  
COUNTY**

# CARDSTON

COME FOR THE  
**SCENERY**

STAY FOR THE  
**ATTRACTIONS**

REMINGTON CARRIAGE MUSEUM  
CARD PIONEER HOME MUSEUM  
CARDSTON ALBERTA TEMPLE

CARRIAGE HOUSE THEATRE  
COURTHOUSE MUSEUM  
FESTIVAL OF LIGHTS

LEE CREEK VALLEY CAMPGROUND  
LEE CREEK GOLF COURSE  
HERITAGE DAYS

## HERITAGE DAYS AUGUST 7<sup>TH</sup> TO 12<sup>TH</sup> 2023



### A FULL WEEK OF EVENTS

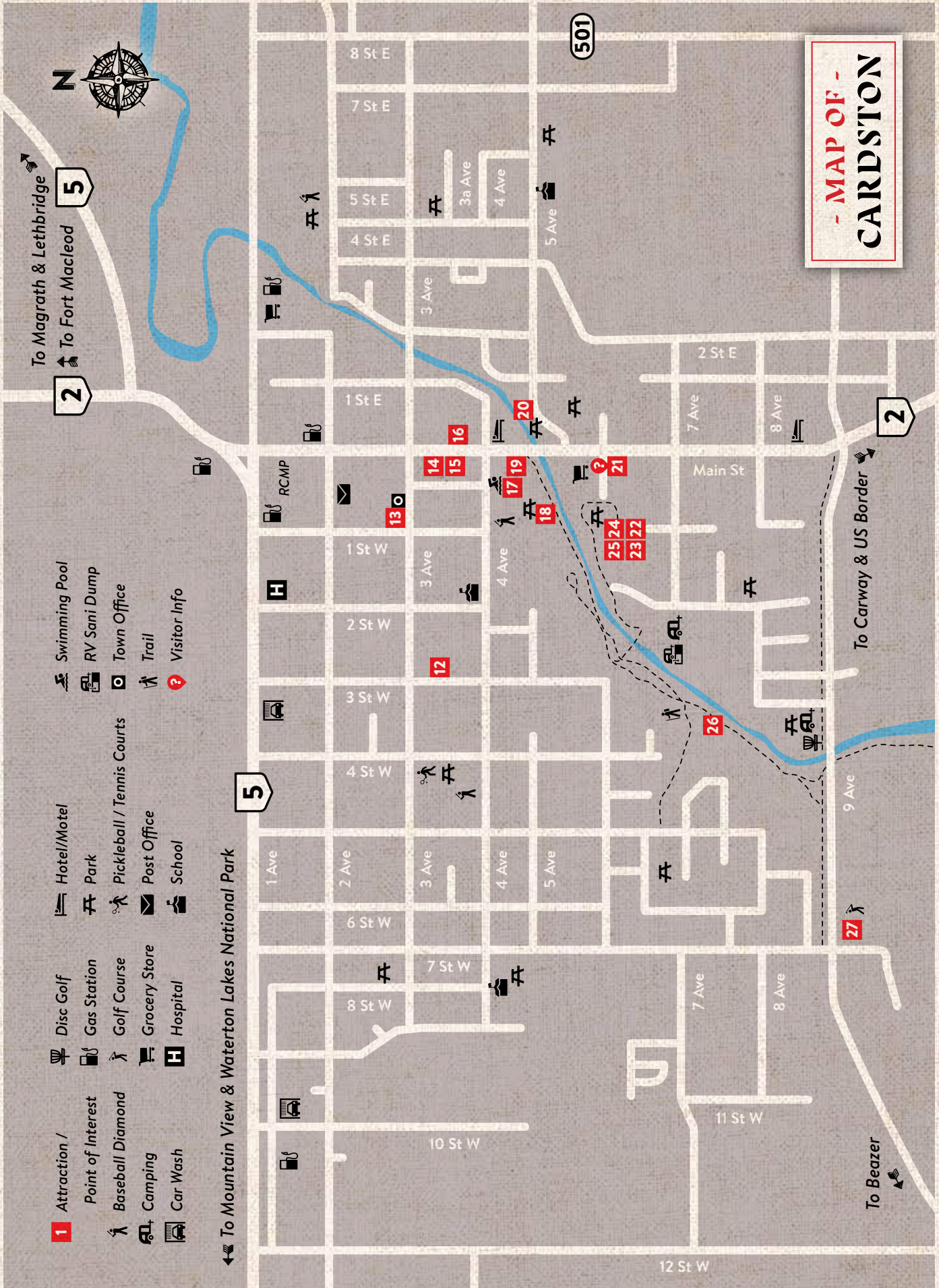
PARADE	PANCAKE BREAKFASTS	NIGHT GOLF
POW WOW	HEAVY HORSE PULL	DANCES
RODEO	MINI CHUCKS	FIREWORKS
MUD BOG	SCAVENGER HUNTS	& MORE!

see [cardston.ca/calendar](http://cardston.ca/calendar)  
for all events



[www.cardston.ca](http://www.cardston.ca)

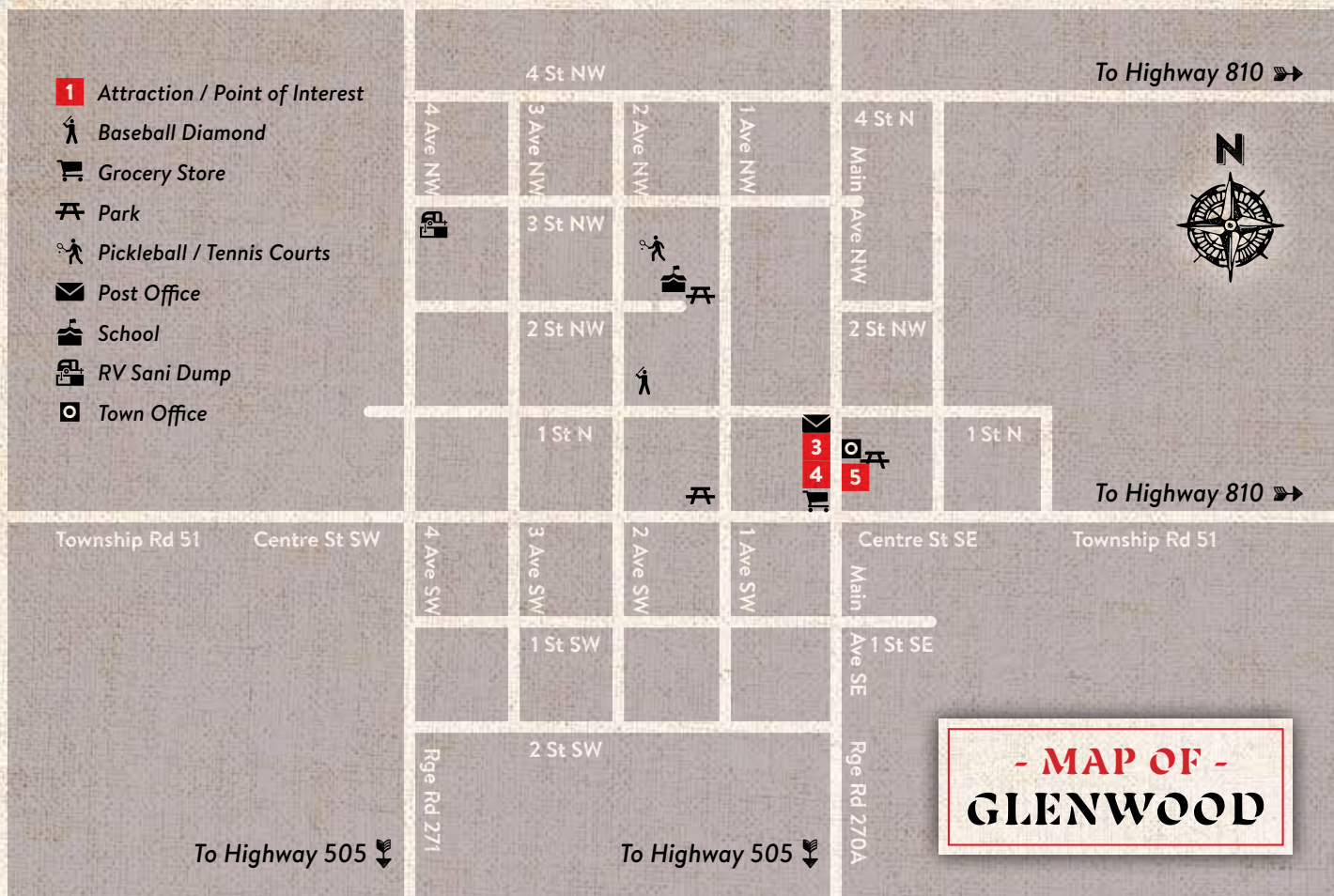




- 1** Attraction /
- 2** Point of Interest
- 3** Baseball Diamond
- 4** Camping
- 5** Car Wash
- 6** Disc Golf
- 7** Gas Station
- 8** Golf Course
- 9** Grocery Store
- 10** Hospital
- 11** Hotel/Motel
- 12** Park
- 13** Pickleball / Tennis Courts
- 14** Post Office
- 15** School
- 16** Swimming Pool
- 17** RV Sani Dump
- 18** Town Office
- 19** Trail
- 20** Visitor Info

**- MAP OF -  
CARDSTON**

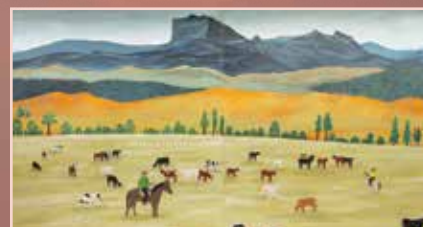
**SEE PAGES 33-35 FOR MORE INFO** **12** Cardston Alberta Temple Visitor's Centre **13** Courthouse & Heritage Museum **14** Card Pioneer Home **15** Carriage House Theatre **16** A Symbol of Unity Mural **17** Pool **18** Spray Park **19** Fay Wray Fountain **20** Healing Monument **21** VIC Gallery **22** Don Remington Monument **23** Remington Carriage Museum **24** Seabiscuit Monument **25** Remington Carriage Ride **26** Lee Creek Path **27** Lee Creek Valley Golf Course



SEE PAGE 32 FOR MORE INFO 3 Cheese Factory Museum & Pioneer Ice Cream Parlour 4 Historical Mural Walk 5 Spray Park

# VILLAGE OF GLENWOOD

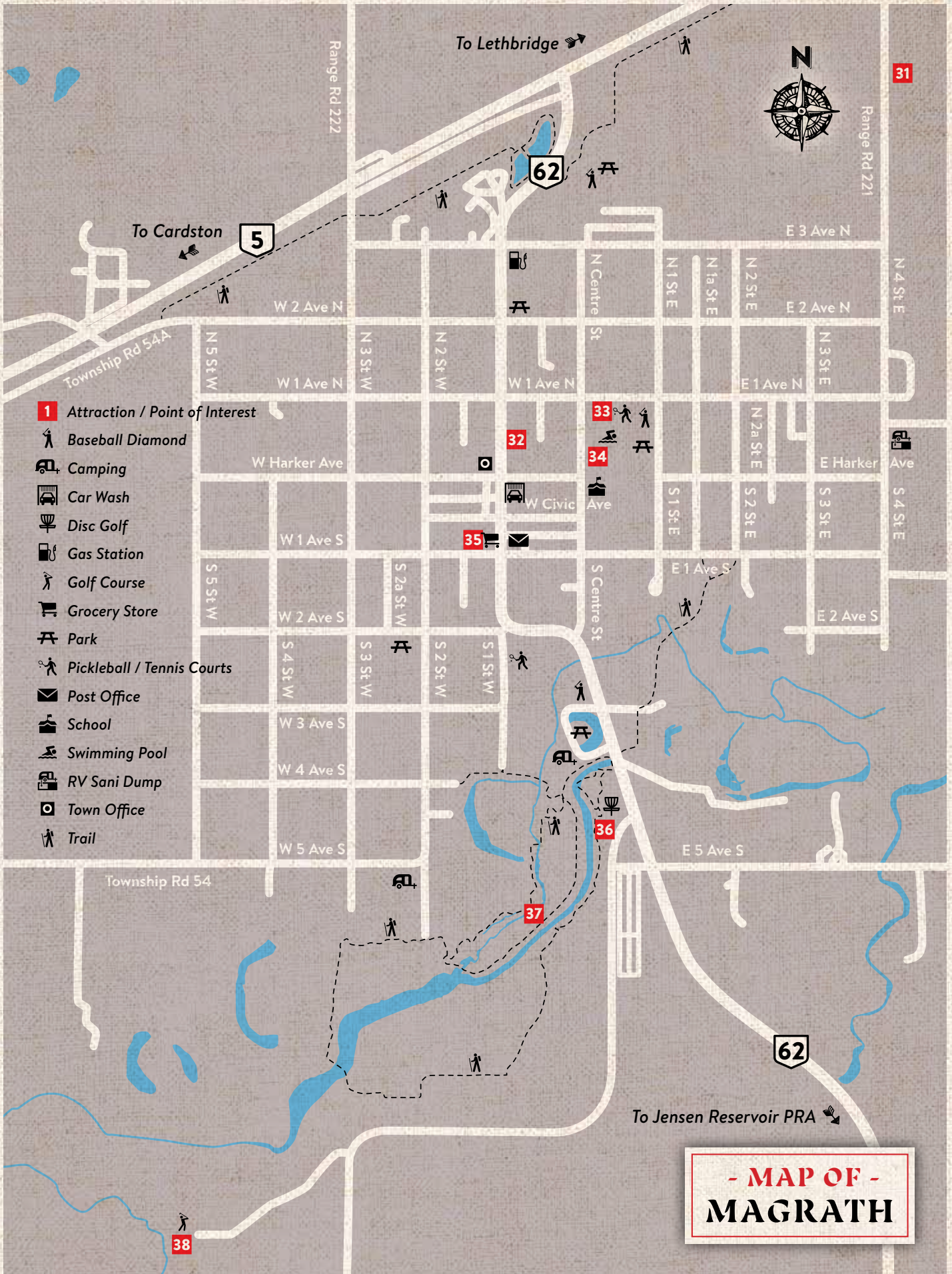
*Ice Cream Parlour ~ Cheese Factory Museum ~ Historic Mural Walk*



**SPRAY PARK** - Opening the long weekend in May

**PIONEER DAYS** - July 28 & 29, lots of fun activities **GLENWOOD DAYS** - August 25 & 26, street fair etc.

**GLENWOOD.CA**



**- MAP OF -  
MAGRATH**

# ACTIVITIES, ATTRACTIONS,



1

## Waterton River Trail Rides

There is no better way to experience the Waterton River than on horseback. This family-friendly attraction is located just east of Waterton Lakes National Park.

[watertonrivertrailrides.com](http://watertonrivertrailrides.com)

📍 Waterton



2

## Waterton Reservoir Provincial Recreation Area

A great place to enjoy water activities with breathtaking views of the Canadian Rockies.

[albertaparks.ca](http://albertaparks.ca)

📍 Waterton Reservoir PRA



3

## Glenwood Cheese Factory Museum & Pioneer Ice Cream Parlour

Learn about the history of cheese production in Glenwood while enjoying a cold treat from the Ice Cream Parlour.

[glenwood.ca](http://glenwood.ca)

📍 Glenwood



4

## Glenwood Historical Mural Walk

Glenwood contains the highest concentration of murals in the County. Walk the west side of Main Ave between First St N and Centre St SW to see them all.

[cardstontourism.com](http://cardstontourism.com)

📍 Glenwood



5

## Glenwood Spray Park

In operation during the summer months, the Glenwood Spray Park is a great place to cool off in the heat of the day. This park is a favourite with younger kids.

[glenwood.ca](http://glenwood.ca)

📍 Glenwood



6

## Payne Lake Provincial Recreation Area

For campers that like a bit of room to breathe, Payne Lake is a great place to pitch a tent or unhitch an RV.

[albertaparks.ca](http://albertaparks.ca)

📍 Payne Lake PRA



7

## Primrose Lane Farm

This hidden gem features a unique mash-up of flowers and Highland cattle. Visit by appointment or during one of their events. Check them out on Instagram.

[primroselanefarm.ca](http://primroselanefarm.ca)

📍 Leavitt Area



8

## St. Stephen's of Hungary Catholic Church

Built in 1907, the church was named to honour the many settlers who had come to the area from Austria and Hungary.

[crownofthecontinent.net](http://crownofthecontinent.net)

📍 Police Lake Road



9

## Police Outpost Provincial Park

The scenery at Police Outpost is unparalleled. A favourite stop for photographers, birders, and hikers that prefer mountain views without large crowds.

[albertaparks.ca](http://albertaparks.ca)

📍 Police Outpost PP

# AND POINTS OF INTEREST



10

## Lake Trail

This 3.2 km (2 mile) out-and-back trail features good tree cover and has an elevation gain of 41 m (135 feet). The trail leads to the island at Outpost Lake.

[albertaparks.ca](http://albertaparks.ca)

📍 Police Outpost PP



11

## Border & Meadow Trail

This 4.3 km (2.7 miles) loop trail features great views of Pike Lake, Outpost Lake and Chief Mountain. This trail has an elevation gain of 89 m (292 feet).

[albertaparks.ca](http://albertaparks.ca)

📍 Police Outpost PP



12

## Cardston Alberta Temple Visitor's Centre

A great place to visit if you'd like to learn more about the LDS Temple—located north of the main entrance to the Temple.

[churchofjesuschristtemples.org](http://churchofjesuschristtemples.org)

📍 Cardston



13

## Courthouse & Heritage Museum

This structure is an example of the Richardsonian Romanesque style of architecture. Originally a functional courthouse, the building is now a local museum.

[cardstonhistoricalsociety.org](http://cardstonhistoricalsociety.org)

📍 Cardston



14

## Card Pioneer Home

The Card Home was one of the first homes built in Cardston, Alberta. It was built and occupied by Charles Ora Card, the namesake of Cardston.

[cardstonhistoricalsociety.org](http://cardstonhistoricalsociety.org)

📍 Cardston



15

## Carriage House Theatre

Carriage House Theatre has been entertaining audiences for over three decades. They deliver family-friendly performances in July through August.

[carriagehousetheatre.com](http://carriagehousetheatre.com)

📍 Cardston



16

## A Symbol of Unity Mural

This historically inspired mural features Chief Red Crow from the Kainai Nation and early settlers to the Cardston area. The mural is on Main Street in Cardston.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston



17

## Cardston Pool

The facility boasts a 6 lane pool, two slides, a diving board, a wading pool, a lazy river, and a toddler pool. This is a great place to cool off during the summer.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston



18

## Cardston Spray Park

The largest spray park in the County, this hidden gem is located next to the Rotary Park Playground and several picnic tables—a true one-stop-shop for families.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston

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19

**Fay Wray Fountain**

Hollywood actress Fay Wray has Cardston roots. A silhouette of the Scream Queen and her Mean King (King Kong) are north of the bridge along Main Street.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston



20

**Healing Monument**

This structure draws attention to the Baker Massacre of 1870. Featured on top of the monument is the Buffalo, a keystone animal to the Blackfoot people.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston



21

**VIC Gallery**

Located inside the Cardston Visitor Information Centre, the VIC Gallery features artwork by local and regional artists.

Open mid-May to Labour Day each year.

[cardstontourism.com](http://cardstontourism.com)

📍 Cardston

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22

**Don Remington Monument**

Don Remington, the man behind the Remington Carriage Museum, was a cattle rancher, developer, avid collector, coach-builder and carriage restorer.

[remingtoncarriagemuseum.ca](http://remingtoncarriagemuseum.ca)

📍 Cardston





23

### Remington Carriage Museum

This world class museum tells the story of horse-drawn transportation in North America. The Remington Carriage Museum collection features over 300 pieces. [remingtoncarriagemuseum.ca](http://remingtoncarriagemuseum.ca)

📍 Cardston



24

### Seabiscuit Monument

Cardston-born jockey George Woolf, rode Seabiscuit in the “Match of the Century,” at the Pimlico Race Course in Maryland on November 1, 1938. [remingtoncarriagemuseum.ca](http://remingtoncarriagemuseum.ca)

📍 Cardston



25

### Remington Carriage Ride

Carriage rides are offered at the Remington Carriage Museum in July and August. Rides are approximately 15 minutes long. Call 403-653-5141 to book your ride. [remingtoncarriagemuseum.ca](http://remingtoncarriagemuseum.ca)

📍 Cardston



26

### Cardston Lee Creek Path

Following the contours of Lee Creek, the Cardston Nature Trail is a great route for a stroll, dog walk or bike ride. The trail is a mix of paved and gravel surfaces. [cardstontourism.com](http://cardstontourism.com)

📍 Cardston



27

### Lee Creek Valley Golf Course

This 18 hole course was designed by Les Furber—one of Canada’s premiere course architects. The course has many elevation changes and challenging greens. [golfleecreek.com](http://golfleecreek.com)

📍 Cardston



28

### Incept Adventure Co.

Incept is an outdoor adventure company specializing in rafting, kayaking and guided fishing excursions. They’re located on the St. Mary River by Kimball. [inceptadventureco.com](http://inceptadventureco.com)

📍 Kimball



29

### Woolford Provincial Park

A great secluded park along the St. Mary River. This provincial park features campsites, washrooms, a playground and a few short hiking trails. [albertaparks.ca](http://albertaparks.ca)

📍 Woolford PP



30

### St. Mary Reservoir Provincial Recreation Area

This is a favourite recreation area for locals in Cardston County. Water levels fluctuate throughout the summer. [albertaparks.ca](http://albertaparks.ca)

📍 St. Mary Reservoir PRA



31

### R&S Farms U-Pick

This U-pick experience offers seasonal strawberries, saskatoon berries, sour cherries, raspberries, squash, snow peas, and more. Please call 403-758-6376 to book your picking appointment. [facebook.com/UPickFarm](https://facebook.com/UPickFarm)

📍 Magrath



32

### Magrath Museum & Agricultural Heritage Centre

Dedicated to preserving the stories of the Garden City, these attractions house local artifacts and farming implements.

[magrathmuseum.org](http://magrathmuseum.org)

📍 Magrath



33

### Magrath Multicourt

The new Magrath Multicourt boasts three pickleball courts, one tennis court and two basketball courts with a total of six regulation baskets.

[magrath.ca](http://magrath.ca)

📍 Magrath



34

### Magrath Pool

A great place to soak up the rays and swim with the family, the Magrath Pool features a tot area, vortex, beach entry leisure pool, slides and spray features.

[magrath.ca/pool](http://magrath.ca/pool)

📍 Magrath



35

### Roosters Mural

Located on the south facade of Roosters Country Marketplace, a locally-owned grocery store in Magrath, this mural showcases one big bird!

[cardstontourism.com](http://cardstontourism.com)

📍 Magrath



36

### Pothole Creek Disc Golf Course

This 18 hole disc golf course has two teepads to challenge all levels of skill. It is a free outdoor activity that the whole family can easily enjoy.

[cardstontourism.com](http://cardstontourism.com)

📍 Magrath



37

### Galt Irrigation Canal Loop

Take a scenic stroll along Pothole Creek. The loop is 5.4 kilometres (3.4 miles).

You can pick up the trail by the Magrath Fishpond and Jubilee Park Campground.

[magrath.ca/trail-system](http://magrath.ca/trail-system)

📍 Magrath



38

### Magrath Golf Club

This 18 hole course brings rave reviews from those who play it. Set along Pothole coulee, it provides a variety of distinctly different holes to the golf enthusiast.

[magrathgolf.com](http://magrathgolf.com)

📍 Magrath



39

### Jensen Reservoir Provincial Recreation Area

Located south of Magrath, Jensen Reservoir is a great day use destination for fishing and boating.

[albertaparks.ca](http://albertaparks.ca)

📍 Jensen Reservoir PRA



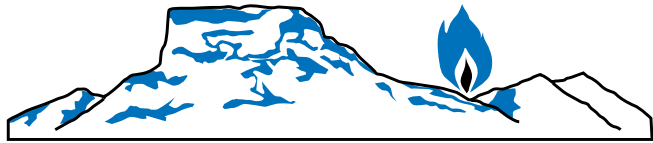
40

### Gentle Giant Acres

Located between Welling and Raymond, this family-friendly destination offers pony rides, a petting zoo, and various opportunities to learn about country life.

[gentlegiantacres.ca](http://gentlegiantacres.ca)

📍 East of Welling on Hwy 52



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[bearmountainmotel.com](http://bearmountainmotel.com)

403.859.2366 (May-Sept)

[info@bearmountainmotel.com](mailto:info@bearmountainmotel.com)

# Waterton Park Community Association




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**Contact:**

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 [Wpca.assistant@gmail.com](mailto:Wpca.assistant@gmail.com)

 201 Cameron Falls Dr. Waterton,  
AB. T0K 2M0



# WINTER IN CARDSTON COUNTY

## CARDSTON CIVIC CENTRE



### Hometown Christmas

On Dec. 1, 2022 check a few items off your shopping list and visit Ol' Saint Nicholas (aka. Santa) at this wonderful winter event.

[magrath.ca](http://magrath.ca)

📍 Magrath



### Rural Winter Scenes

Cardston County is one of the best places in the province for nature and landscape photography. Grab your camera and head down a country road; you won't be disappointed.

📍 Cardston County



### Remington Carriage Museum

The Remington Carriage Museum is the perfect stop on a snowy day, open to the public throughout the year. There are over 300 pieces in their collection.

[remingtoncarriagemuseum.ca](http://remingtoncarriagemuseum.ca)

📍 Cardston



### Movies at Carriage House Theatre

Carriage House Theatre is your stop for family-friendly movies from September to May each year. Grab your popcorn and settle in for a show at this cozy theatre.

[carriagehousetheatre.com](http://carriagehousetheatre.com)

📍 Cardston



### Festival of Lights

During the dark winter months, Cardston is lit, literally! On November 18 and 19, 2022, celebrate the Christmas season in Cardston at this fantastic festival.

[facebook.com/cardstonlights](https://facebook.com/cardstonlights)

📍 Cardston



### Sporting Events

Due to school rivalries that run back for generations, Southwest Alberta is a high school hotspot for many barnburner sporting matchups.

[westwind.ab.ca](http://westwind.ab.ca)

📍 Cardston County

# UNESCO Sites

*Unparalleled Beauty & Historical Significance*



*by Madeleine Vanden Berg*

*Alberta is home to six UNESCO World Heritage Sites and Cardston Country is within a short driving distance of three: Waterton-Glacier International Peace Park, Writing-on-Stone Provincial Park, and Head-Smashed-In Buffalo Jump. Sites are given this designation based on their cultural and natural value and their importance for understanding humanity. Growing up in the neighboring County of Warner I had the opportunity to visit each of these sites countless times and was able to share my experiences working with Travel Alberta in Milk River and West Glacier, Montana.*

There are few places on earth as restorative as Southern Alberta.



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[BlueTrailRV.com](https://www.BlueTrailRV.com)



Tourism Lethbridge

### Head-Smashed-In Buffalo Jump

Estipah-skikikini-kots, or Head-Smashed-In, is a buffalo jump nestled in the Porcupine Hills that Indigenous peoples used for over 5000 years as an efficient and effective means of harvesting bison and was granted UNESCO designation in 1981.

Blackfoot were nomadic and would dictate their movements based on the seasonal migration of bison. Bison drives would occur in the fall to prepare for the coming winter. Blackfoot would guide herds of bison from grazing areas to driving lanes where buffalo runners dressed as coyotes and wolves would guide them to the edge of the cliff to be driven over the 11 metre drop. As the bison were harvested, there would be zero waste as the Blackfoot would use virtually every part of the bison to honour its sacrifice. The name of the jump comes from the legend that a young Blackfoot wanted to watch the bison driven from under the bluffs but became crushed by the falling animals and was later found with his head crushed.

Extensive and ongoing archaeological research has uncovered marvels of a bygone era. A transition in tools from rudimentary to advanced can be seen as levels of the earth are uncovered, and bone deposits in some areas reaching as far as 10 metres deep. Some artifacts discovered at the cliffs and displayed in the centre include arrowheads, dart tips, spearheads, and stone knives.

The Interpretive Centre at the site opened its doors in 1987 and was built into the side of the sandstone hills just west of the buffalo jump itself. The Interpretive Centre is five levels and tells the distinct story of the site and Blackfoot culture as you start from the viewpoint of the jump above and descend to the main floor.



Tourism Lethbridge

### Waterton-Glacier International Peace Park

Paahtómahksikimi (the Sacred Lake within the Mountains), or Waterton, is on the traditional lands of the Niitsitapi (Blackfoot) and earned its national park designation in 1895. The first International Peace Park was formed in 1932 with the union of Waterton and Glacier National Park across the shared Upper Waterton Lake in Montana. Glacial movement shaped the distinct landscape of the parks and still feeds the waters of many of the lakes on both sides of the border.

The partnership and comradery between parks can be seen in the Shoreline Lake Cruise on the Upper Waterton Lake that starts in Alberta and dips into Montana and the interpretive International Peace Park Hike led by one Canadian and one American park ranger along the Upper Waterton Lake. The parks also share a Dark Sky Park designation through their efforts to actively reduce light pollution within the park boundaries resulting in stunning unfiltered views of the cosmos.

As a result of the devastating Kenow fire in Waterton in 2017, a brand-new state-of-the-art visitor centre is now open and filled to the brim with interpretive materials and knowledgeable staff.



Jeff Bartlett @photojbartlett

### Writing-on-Stone Provincial Park

Aisinai’pi (it is pictured/written), or Writing-on-Stone, is one of the highest concentrations of rock art on the Northern American great plains. It was designated as a provincial park in 1975 to help protect and preserve the Indigenous art and sacred land. The unique landscape was formed through glacial meltwater, ice, and wind and is believed to have been inhabited by Indigenous peoples dating back 9000 years.

Aisinai’pi served as a sacred site to many Indigenous peoples who believed that the land was home to powerful spirits that were then captured in rock art on the soft sandstone hoodoos that fill the coulee along the Milk River. As the colonization headed west, the contents of the rock art reflected the transition, and firearms can be seen in the “Battle Scene” petroglyph.

Hike the Hoodoo Trail to immerse yourself in the hoodoos and the art along the way, or float the Milk River and look up to the steep cliff faces home to hundreds of cliff swallows.

Venture beyond the county lines to experience some of Alberta’s cultural marvels!



Tourism Lethbridge

### Head-Smashed-In Buffalo Jump



Tuesdays – Thursdays · Beginning July 3 · Ages 5–11

Contact 403-859-2042

Email [WatertonAdventureCubs@gmail.com](mailto:WatertonAdventureCubs@gmail.com)

IG @WatertonAdventureCubs



Tuesdays – Thursdays · Beginning July 3 · Ages 5–11

Contact 403-859-2042

Email [WatertonAdventureCubs@gmail.com](mailto:WatertonAdventureCubs@gmail.com)

IG @WatertonAdventureCubs





# DAY TRIP WATERTON



**RED ROCK CANYON**

Tourism Lethbridge



Tourism Lethbridge

## Stand Up Paddleboard & eBikes

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**blakistonandcompany.com**

📍 102 Mt View Rd, Waterton



@diog3nes

## Bison Paddock

Waterton has been honoured to be home to this Bison Paddock since 1952. The Paddock can be spotted when driving on Bison Loop Road.

**travelalberta.com**

📍 11 km North of Townsite, Off Hwy 6



Tourism Lethbridge

## Prince of Wales Hotel

Luxury, history, and elegance meet at the Prince of Wales Hotel. This iconic marker for Waterton Lakes National Park has been around since 1927.

**glacierparkcollection.com**

📍 AB-5, Waterton Park



Travel Alberta / Katie Goldie

## Waterton Shoreline Cruise Co.

Cast off and experience a truly unique sightseeing tour on Upper Waterton Lake. The Waterton Shoreline Cruise also shuttles hikers to remote trailheads.

**watertoncruise.com**

📍 101 Waterton Ave, Waterton



Tourism Lethbridge

## Shopping and Food

With delicious food and lively shops down Cameron Falls Drive and Waterton Avenue, you'll find something exciting around each corner in Waterton!

**mywaterton.ca**

📍 114 Waterton Ave, Waterton



Andy Best @andy\_best

## Hiking

Brave new heights or enjoy a familiar view; whatever you do, there's a beautiful hiking path ahead of you in Waterton!

**mywaterton.ca/trails**

📍 Throughout the Park

# Big Scoop Ice Cream

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[watertonrivertrailrides.com](http://watertonrivertrailrides.com)



# DAY TRIP FORT MACLEOD



**THE FORT MUSEUM OF THE NWMP AND FIRST NATIONS INTERPRETIVE CENTRE**

Travel Alberta



Tourism Lethbridge

## Empress Theatre

Since 1912, this theatre has been entertaining audiences young and old. More than just movies, The Empress also hosts live music and theatre.

[macleodempress.com](http://macleodempress.com)

📍 235 24 St, Fort Macleod



Travel Alberta / Katie Goldie

## The Fort Museum

With over 9,000 artifacts across eight buildings, this museum helps piece together the history of the NWMP and Indigenous People of Southern Alberta.

[nwmpmuseum.com](http://nwmpmuseum.com)

📍 219 25 St, Fort Macleod



Tourism Lethbridge

## Head-Smashed-In Buffalo Jump

Dive deep into the history and hunting methods of the Indigenous People of the Plains of Western Canada at this UNESCO World Heritage Site.

[headsmashedin.ca](http://headsmashedin.ca)

📍 22 km West of Town, Off Hwy 785

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Dr. Robert Steed, D.M.D.

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Fax 403.653.3732  
[dr.robert.steed@gmail.com](mailto:dr.robert.steed@gmail.com)

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CARDSTONPIZZA.CA



# DAY TRIP LETHBRIDGE



**LETHBRIDGE VIADUCT AND THE OLDMAN RIVER**

Travel Alberta / Roth and Ramberg Photography



Tourism Lethbridge

## Nikka Yuko Japanese Garden

Discover a stunning display of unity between cultures with tranquil waterfalls and picturesque views.

[nikkayuko.com](http://nikkayuko.com)

📍 Corner of 9th Ave S &, Mayor Magrath Dr S, Lethbridge



Tourism Lethbridge

## Fort Whoop-Up

Learn about the history of Fort Whoop-Up, the whiskey trade, and how the greater area of the Oldman River became so rich with history!

[fort.galtmuseum.com](http://fort.galtmuseum.com)

📍 200 Indian Battle Rd S, Lethbridge



Tourism Lethbridge

## Galt Museum & Archives Akaisamitohkanao'pa

There's always a story unfolding at the Galt Museum. Check their website for current programming and exhibitions.

[galtmuseum.com](http://galtmuseum.com)

📍 502 1 St S, Lethbridge



Tourism Lethbridge

## Southern Alberta Art Gallery Maansiksiksitsitapiitsinikssin

Let your artistic side soar at the SAAG, with displays made from pieces by locally and nationally beloved artists.

[saag.ca](http://saag.ca)

📍 601 3 Ave S, Lethbridge



Tourism Lethbridge

## Helen Schuler Nature Centre

Take a walk on the wild side with the Helen Schuler Nature Centre. Here you can find out more about the ecology of Lethbridge's Coulees!

[naturecentre.ca](http://naturecentre.ca)

📍 300 Indian Battle Rd S, Lethbridge



Tourism Lethbridge

## Alberta Birds of Prey Centre

Let your love of birds reach new heights by getting up close and personal with these beautiful birds at the Alberta Birds of Prey Centre.

[burrowingowl.com](http://burrowingowl.com)

📍 2124 16 Ave, Coaldale

# TRAVEL INFO

## TIME ZONE

**Time Zone in Alberta** MST (Mountain Standard Time; MDT in Summer)

## SALES TAX

In Alberta, you will pay a 5% federal GST on most goods and services.

## ALBERTA ROAD CONDITIONS

511.alberta.ca

## KILOMETERS TO MILES CONVERSION

(1 mile = 1.609344 km)

**30 km/hr** 18.6 mph

**50 km/hr** 31.1 mph

**60 km/hr** 37.3 mph

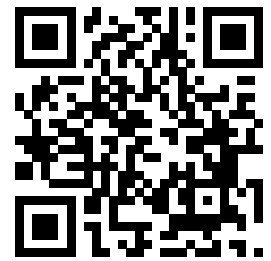
**70 km/hr** 43.5 mph

**100 km/hr** 62.1 mph

**110 km/hr** 68.4 mph



# SCAN THE QR CODE FOR OUR SUMMER EVENT CALENDAR



## TRAVEL DISTANCES

(from Cardston Visitor Info Centre)

### Banff

358 km (222.5 mi)

### Calgary

208 km (129.3 mi)

### Coutts (USA / Montana Border)

123 km (76.4 mi)

### Fort Macleod

63 km (39.2 mi)

### Frank Slide Interpretive Centre

123 km (76.4 mi)

### Head-Smashed-In Buffalo Jump

84 km (52.2 mi)

### Jasper

639 km (397 mi)

### Medicine Hat

241 km (149.75 mi)

### Waterton (townsite)

55 km (34.2 mi)

### Writing-on-Stone Provincial Park

153 km (95 mi)

# Another fun family activity after work

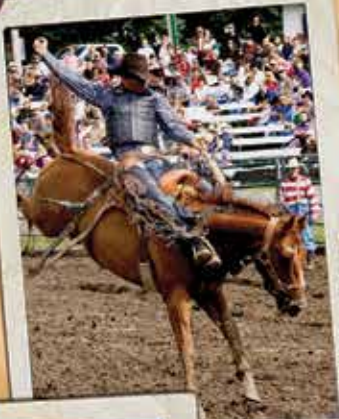


Live in Cardston County and enjoy nature as it was meant to be.  
403-653-4977 [cardstoncounty.com](http://cardstoncounty.com)





# EXPERIENCE MORE IN ALBERTA SOUTHWEST



- |                    |                   |                         |
|--------------------|-------------------|-------------------------|
| 1. CARDSTON        | 4. COWLEY         | 11. MD of PINCHER CREEK |
| 2. CARDSTON COUNTY | 5. CROWSNEST PASS | 12. MD of RANCLAND      |
| 3. CLARESHOLM      | 6. FORT MACLEOD   | 13. STAVELY             |
|                    | 7. GLENWOOD       | 14. WATERTON PARK       |
|                    | 8. HILL SPRING    | 15. MD of WILLOW CREEK  |
|                    | 9. NANTON         |                         |
|                    | 10. PINCHER CREEK |                         |

[AlbertaSouthWest.com](http://AlbertaSouthWest.com)

Directory of events and activities at [myalbertasouthwest.com](http://myalbertasouthwest.com)

Experience the award-winning Peaks to Prairies EV Charging Station Network, a *Top 100 Global Sustainability Story!* [peakstoprairies.ca/driver-videos/](http://peakstoprairies.ca/driver-videos/)

